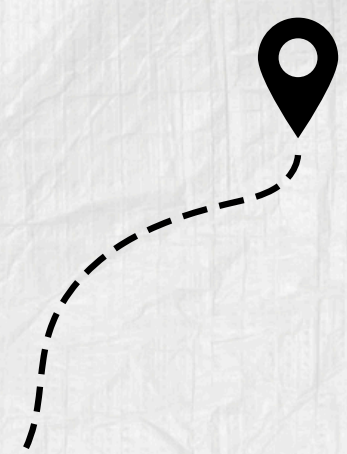


2025嶺東 菲律賓LPU遊學團



2025/7/27-8/23



📍 LPU始業式



📍 LPU飛機海關課程



📍 模擬聯合國演講



📍 Lucky Me!泡麵工廠



📍 遊戲交流活動

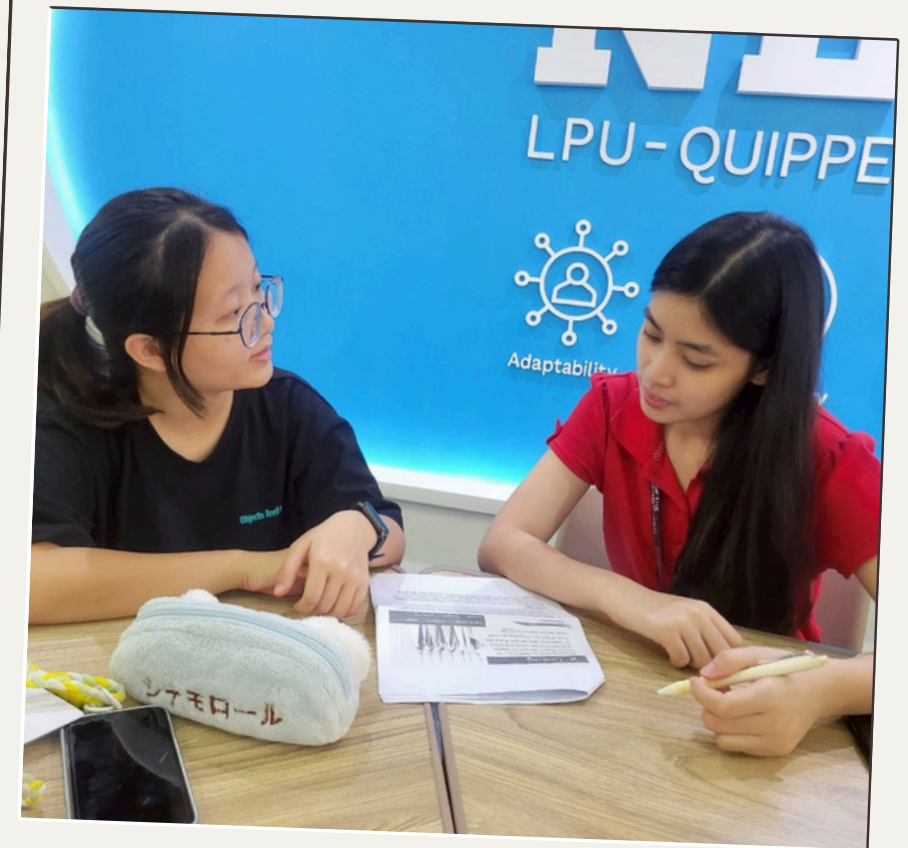


📍 LPU農場志工服務



📍 畢業典禮

一對一 Tutor 教學



7/29上課活動



Date: 7/29

What I Have for Breakfast: Bread, pumpkin soup, luncheon meat, fried rice	My Mood Very delicious
What I Have Learned in the First Class: Many difficult words	My Reflection and Mood: I need to practice English more
What I Have Learned in the Second Class: Practice English sentences and chat	My Reflection and Mood: I'm excited to learn more words
What I Have Learned in the Third Class: Chat with teacher	My Reflection and Mood: Study hard
Comment from my tutor: I observed that you know how to read, but you struggle with writing English words. Despite this, you show improvement as I continue to teach you new vocabulary. You also make an effort to guess the meanings and share examples or relate them to real-life experiences. Overall, I can see steady progress, and I believe you're getting better every day.	
What I Have for Lunch Cucumber water, mashed potatoes, pork chop, tofu	My Mood different flavor
Afternoon Activity Play a lot of fun games and eat a lot of special Filipino snacks	My Reflection and Mood: I think Filipino snacks are very delicious
My Diary I learned a lot of new words today and tried some traditional Filipino snacks in the afternoon class. Every day is full of new experiences.	

7/30 菲律賓文化課程



Date: 7/30

What I Have for Breakfast:	My Mood
rice ham, poached egg, tricolor beans, garlic bread	The weather is very good. ☀️
What I Have Learned in the First Class:	My Reflection and Mood:
Learn 'vacations' and related words Learn 'Bullyings' and related words	I should practice the pronunciation of English words.
What I Have Learned in the Second Class:	My Reflection and Mood:
Learn 'stresses' and related words Learn 'Classmates' and related words Learn 'teachers' and related words	The vocabulary is a little long.
What I Have Learned in the Third Class:	My Reflection and Mood:
Test vocabulary, make sentences and review	Using pinyin to memorize words
Comment from my tutor: She improved a lot in terms of communication. She is not as shy as the first day we met. Zacy is a nice kid. ☺️	
What I Have for Lunch	My Mood
Fried noodles, dumplings, pork, rice mushroom soup	I think fried noodles is very delicious.
Afternoon Activity	My Reflection and Mood:
Play two truths and one lie Teach Filipino Learn about traditional Filipino food	Traditional Filipino food look yummy, I really want to try Hello Hello.
My Diary I am slowly making progress in learning English.	

7/31 下午戶外活動



Date: 7/31	
What I Have for Breakfast:	My Mood
Bread Rice Egg Beef	very nice and looking forward to it
What I Have Learned in the First Class:	My Reflection and Mood:
meeting the teacher and discussing yesterday's schedule	Looking forward to today's class
What I Have Learned in the Second Class:	My Reflection and Mood:
We went to the amusement park, health and other interesting units	Tired but fun
What I Have Learned in the Third Class:	My Reflection and Mood:
We talked a lot about life and Taiwanese snacks	It was very interesting. My teacher and I kept laughing
Comment from my tutor: My student are doing great! I can see that you are actively learning and participating in class specially if the topic is all about your interest and recommendations about Taiwanese prod. Keep up the good work! :)	
What I Have for Lunch	My Mood
Control Meat cake rice tofu	Today's lunch was delicious
Afternoon Activity	My Reflection and Mood:
We played a lot of local/traditional games. It was tiring but fun	very happy and excited
My Diary	
Today is very special. A group of us students and teachers stayed behind to play basketball. We worked together and shot the ball.	

8/4 下午課程-LPU飛機海關演練.咖啡製作



Date: 8/4

What I Have for Breakfast:	My Mood
stir-fried meat with shiitake mushrooms. steamed eggs. bread.	steamed eggs are very hard.

What I Have Learned in the First Class:	My Reflection and Mood:
Flag-raising ceremony	Their flag-raising ceremony is very special. Their <u>songs</u> are sung directly by people.

What I Have Learned in the Second Class:	My Reflection and Mood:
one-by-one conversation.	Today is the first day of using software to record class. I'm a little nervous.

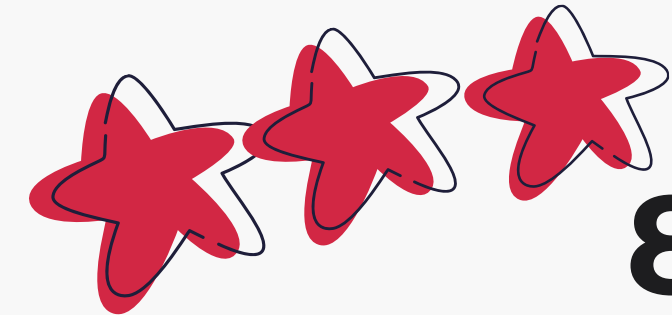
What I Have Learned in the Third Class:	My Reflection and Mood:
one-by-one conversation.	I shared my trip to Japan with my teacher. I shared where I went and the delicious food.

Comment from my tutor: Elaine loves traveling and she loves telling stories about her travels. She's talkative when it comes to traveling and nature.

What I Have for Lunch	My Mood
Winter powder - meat.	It's delicious I like winter powder

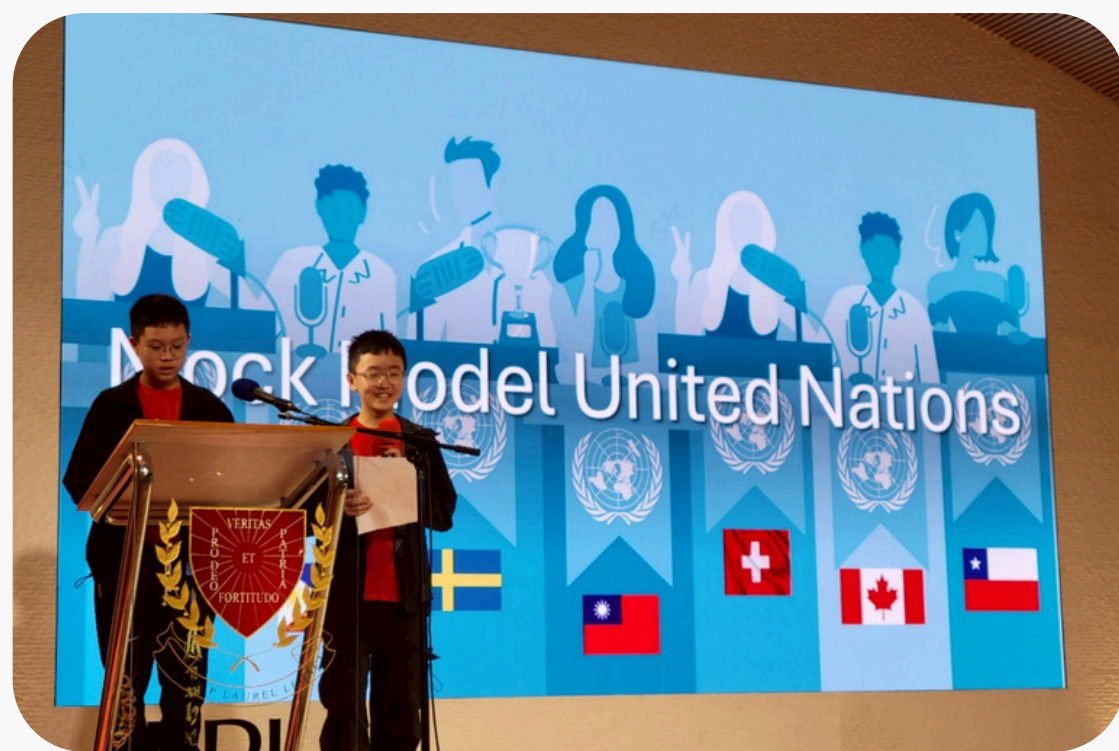
Afternoon Activity	My Reflection and Mood:
Career exploration.	It's interesting to experience many different activities.

My Diary
This afternoon's activity is very interesting. Among them, my favourite is the experience of making coffee. Although I dare not drink coffee, it's very fun.



8/13 模擬聯合國

SPEECH OF UNITED NATIONS



大多學生感到非常印象深刻的是「模擬聯合國的演講」透過這個活動，不僅更了解國家的相關知識，有機會站上台練習英文口說。雖然準備時間不多，但每位學生都勤學苦練。

An Overall Retrospective of the Trip



Please write down what inspired you the most on this learning trip.

What inspires me most about this learning trip is the speech of United Nations. This activity needs to discuss the topic of renewable energy in groups. We also have to give a speech on stage. To discuss renewable energy and turn it into a speech, you need to go to the computer classroom to type it into a text. The next day, I began to practice how to read the speech. Prepare to give a speech on stage. Because I have to give a speech on stage, I carefully completed our manuscript and how to read it throughout the process.

An Overall Retrospective of the Trip



Please write down what inspired you the most on this learning trip.

What inspires me most is the United Nations. This is my first time to participate in Model United Nations, and the topic is the currently common issue of renewable energy. I think this Model United Nations is very helpful for us to understand the world problem, and also allows us to think about what we can do to help the planet we live in. It is also allows us to broaden our horizons and learn more about the problems facing the world. Perhaps one person cannot do it, but when this matter becomes a global problem, everyone will try their best to save it.



Date: 8/13

What I Have for Breakfast:	My Mood
Three color bean cream corn soup, fried rice	Delicious.
What I Have Learned in the First Class:	My Reflection and Mood:
two-on-two English class	Today my teammates were still making weird expressions as usual.
What I Have Learned in the Second Class:	My Reflection and Mood:
two-on-two English class	When I got the manuscript today, I was a little overwhelmed.
What I Have Learned in the Third Class:	My Reflection and Mood:
two-on-two English class	but after the teacher's guidance, I felt it was okay.
Comment from my tutor:	
What I Have for Lunch	My Mood
vermicelli, chicken soup. fried rice, fried leaves	Delicious, Crisp leaves.
Afternoon Activity	My Reflection and Mood:
Simulated United Nations conference	In fact, it is not as scary as imagined, because there are not so many people below.
My Diary	
I felt like I made a few mistakes in my Model UN speech this afternoon, but after I finished, listening to others <u>speak</u> , I felt a sense of <u>schadenfreude</u> .	

21

An Overall Retrospective of the Trip

Please write down what inspired you the most on this learning trip.

My favorite activity is Model UN. This is a very special event that I have never experienced before. I think my favorite activity is Model UN. Another thing is the 1-on-1 course. This has significantly improved my English. I am very grateful to my 1-on-1 teacher for his care this month.

An Overall Retrospective of the Trip

Please write down what inspired you the most on this learning trip.

Model United Nations: Because this was my first time to Model United Nations and I was speaking English. Although I was very nervous during practice and afraid of making mistakes, I did make mistakes when I officially went on stage, but no one knew about it, which made me feel relieved.

8/14 下午課程-製作菲律賓料理



Date: 8/14

What I Have for Breakfast: Garlic bread, rice, onion and meat, poached egg.	My Mood Actually I only have garlic bread and fried eggs, because I think these two are the tastiest.
What I Have Learned in the First Class: The first class was hurried today because we were preparing for the Model United Nations yesterday, and the day before.	My Reflection and Mood: Although it took a while to start the class, I think my performance was also quite good.
What I Have Learned in the Second Class: In the second class we <u>get</u> the lesson 34~36, and to practice my <u>speak</u> for English.	My Reflection and Mood: In this lesson, we smoothly made a lot of progress, maybe because I did some preparation.
What I Have Learned in the Third Class: In this class we learned the lesson 37~38, I think we were made good progress, so we finish the course early.	My Reflection and Mood: Thanks for my preparation, as it really helps with the course. But does this count as cheating?
Comment from my tutor: Jimmy understood the lessons quickly. I am happy and surprised that he wrote notes first before discussing the lesson that's why it's easier to understand. We also shared some stories together while discussing, which I also enjoyed.	
What I Have for Lunch Rice, diced chicken meat, vermicelli	My Mood I think that chicken diced with rice for lunch today is also quite good, but I'm a bit full today, so I can't eat much.
Afternoon Activity In the afternoon we went to the catering classroom at LPU, where we personally made a traditional soup noodle dish. After finishing, we returned to the dormitory to sleep and rest.	My Reflection and Mood: I think the food we made ourselves is the most delicious, but I'm really full. In the end, I even took some home; will I really eat it?
My Diary Dear diary, the class this morning was very enjoyable, and it was great to have prepared in advance. It was rare that things went so smoothly today. This afternoon, I also cooked noodles, although I felt like I was just helping pass things around and didn't do anything special. However, after returning to the dorm, I still had a lot of free time, which isn't bad either. (To	

22

8/16與商業與會計學院的學生 在體育場舉行活動



For the Weekend	
Date	8/16
The Place We Visited Today	We stay at hotel.
What We Did During the Day	We attended some sports competitions run by Business and Accounting students this morning and then went to the supermarket this afternoon and then waited for dinner in the evening.
Reflection	I was so tired after the morning activities. I had so much fun at the orientation party last night. I also did a lot of exercise this morning. My legs were almost cramping. I even played football with the Filipinos.

For the Weekend	
Date	8/16
The Place We Visited Today	
What We Did During the Day	There is also a supermarket at the stadium. We went to experience the Philippine event this morning and we also played the match and we won the prize and won the prize.
Reflection	We had a great time today. This morning we played some Philippine, which we won. In a competition, which we won, in the afternoon we went shopping at the mall.

8/18下午運動比賽



Date: 8/18	
What I Have for Breakfast: Apple, chicken drumstick, fried egg, rice	My Mood This is my first time eating fried chicken legs in the morning, unlocking a new experience.
What I Have Learned in the First Class: Lesson 41	My Reflection and Mood: I unlocked my phone and used it to attend class today, but it ran out of battery.
What I Have Learned in the Second Class: Lesson 42	My Reflection and Mood: I noticed that both of the lessons we had today were about global warming.
What I Have Learned in the Third Class: Chat with teacher	My Reflection and Mood: Take advantage of the last week to chat with teachers.
Comment from my tutor: Today, we successfully finished topics 41 and 42. You really did very well in our discussion and activities, showing great focus and understanding. What makes our session even more meaningful is that I also learn something from you. Especially through the life talks we share, keep up your wonderful effort and positive attitude. You are doing an amazing job!	
What I Have for Lunch Chicken drumstick, three-color bean rice, and vegetable mix.	My Mood Lunch in the last week, a special treat.
Afternoon Activity Competing with Filipino students	My Reflection and Mood: I was called up twice during the final awards ceremony today. It was so funny. I have no idea why I won the award.
My Diary Today is the fifth day before I go back to Taiwan. I already feel a little reluctant to leave. This month has passed so quickly. I will be going back soon and school will start soon.	
25	



戶外 教育



LPU 農場志工服務&參觀泡麵工廠



For the Weekend

Date	8/9
The Place We Visited Today	The school's field , Noodle factory
What We Did During the Day	During the day, we visited the field from LPU and helped farmers cleared the weeds, although we didn't stay so many times, I have a blister in my hands. After, we visited to Noodle factory, I think the factory a bit boring, I don't really like it.
Reflection	Today is another beautiful weekend. The morning's labor and visits are opportunities for self-improvement and achievement. I really liked today's lunch, but when I got back to the dorm, I had a stomach ache and had to run to the restroom.

參觀博物館&去遊樂園玩

For the Weekend	
Date	8/2
The Place We Visited Today	Rizal Park Manila Philippines and J castles Tawanan Batangas
What We Did During the Day	Today we first went to a historical and cultural museum in the Philippines. which had many exhibitions and ancient artifacts Then we went to a amusement park. where we played with the facilities. then played in the water. and finally played
Reflection	Today I learned about other cultures of the Philippines and saw various ancient I played a lot of interesting facilites in the amusement park and ate a lot of blue food. Although I was very tired today. it was very fun.
Date	8/2



8/17 菲律賓傳統舞蹈表演.瀑布下用餐



Date	8/17
The Place We Visited Today	We went to the Villa Escudero Resort
What We Did During the Day	Today we went to a very rich farmer's house, which turned into a resort. We saw a lot of his collections, had lunch at the waterfall, and finally watched local traditional performances.
Reflection	I had a wonderful time today, and I was very happy to hang out with my friends on our last holiday in the Philippines. The highlight was having lunch under the waterfall, which was really eating in the river! It also special and unforgettable. (Jo)

Date	8/17
The Place We Visited Today	Villa Escudero Resort
What We Did During the Day	This morning we visited a museum of a wealthy farmer's family. There were all kinds of things in it, and they were all real, a little scary. At noon we went to have lunch under the waterfall.
Reflection	This was a very special experience. Eating under the waterfall and riding on a bamboo raft (although I didn't get to experience it) were all great memories I will never forget.

28天的菲律賓遊學

每一天寫英文日記，越寫越多越寫越好

沉浸式英語環境，不只學英文，用英文生活！

開拓國際視野，創造一段難忘的青春旅程！

Thank You So Much

